

Alabama Head Injury Foundation

Alabama Head Injury Foundation exists solely for the purpose of helping survivors of traumatic brain injury, and their families, navigate the often complicated pathway of recovery. The support they offer takes many forms from help getting back to school/work, applying for Disability therapy, counseling and support groups for survivors and caregivers.

March is Brain Injury Awareness Month

Brain injuries can occur from a number of incidents: a concussion on a football field; falling off a ladder and hitting your head; whiplash from being rear-ended in an automobile accident; and many other countless similar occurrences. Prevention can be as simple as wearing a seatbelt while in the car and wearing a helmet while riding a bike or during severe weather.

31 TBI survivors in Lee County attended the Bright Ideas Camps in 2023

Upcoming Events

March 6-8, 2024: Weekend TBI Camp at Camp ASCCA

March 28, 2024: 4th Annual Survivor's Panel (Image below)

41 TBI survivors and caregivers were connected with available resources in 2023



Alabama Head Injury Foundation's 4th Annual Survivor's Panel



Please join us via Zoom
Thursday, March 28th 11:30am to 1:00pm
Email info@ahif.org to register to attend

Giving a voice to survivors, caregivers, and all those we serve

