

A female Client initially came into Unity Wellness Center in 2016 with a new HIV diagnosis. Prior to her HIV diagnosis, she had already been taking medication for diabetes and high blood pressure. She did not know a lot about HIV when diagnosed and was shocked to learn she was positive. Her initial reaction was one of fear and uncertainty what her future would hold. She was disappointed thinking that she would never be able to have a family. She was unaware that HIV positive mothers will not transmit HIV to their child as long as they maintain an undetectable viral load. She was very receptive to the HIV education provided by UWC and successfully started ART (antiretroviral therapy) during which she took one pill per day. Within the first few months of starting her medication, she achieved an undetectable viral load and has maintained it ever since. UWC has become her medical home, treating not only her HIV but her other comorbidities. After a few years in care, she made the decision that she was ready to become a mom. UWC supported her through the process, answering her questions and working with her OBGYN to ensure a healthy pregnancy. This year, she gave birth to a healthy baby. She is thriving, healthy and enjoying her life as a new mom.